



FACILITY COVID-19 UPDATES

RECREATION

While COVID has presented many challenges, our recreation team is here to keep our residents active and engaged. Activities are planned each day, some in our recreation room, while others are conducted on a unit or even one-on-one in resident rooms.

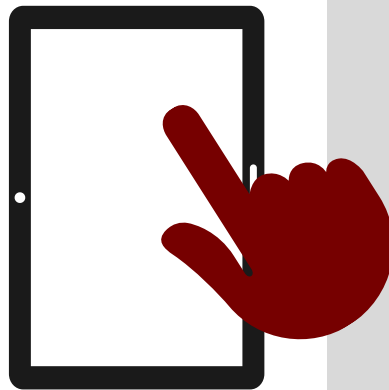
Our team will provide a daily update on where and when activities will take place, based on the COVID status within the center and the unit which you reside.

Provided we do not have a COVID "outbreak" (one or more residents or staff testing positive) in our center, residents may move freely about our center and participate in socially distanced activities, relax in our lounges, and have hallway visits with other residents, while wearing a mask.

As you know, we have several tablet devices available for resident use. These tablets are available on every unit and may be obtained through your CNA, nursing staff, or recreation staff. If you need assistance with the device, we can help with that. These tablets have many uses;

FaceTime, video chatting, Zoom calls, playing many games (word search, crossword puzzles, etc.), reading the news, and more!

Please ask a member of our recreation team for individual leisure pursuit materials, such as playing cards, word search, puzzles, books, magazines, etc.



VISITATION

As a reminder, we have implemented our indoor visitation policy and procedures following state and federal requirements. Based on that, nursing homes and visitors must adhere to the following conditions:

- We must limit the number of visitors per patient and limit the total number of visitors in the center at a time. This is based on the physical space available for our designated visitation area.
- We need to limit the duration of visits to help ensure all patients can receive visitors.
- Cleaning and disinfecting of the visitation area will occur by our staff in between visits. This is another factor affecting the amount of time and visitors we can have in our center.
- Screening for anyone who enters our center – temperature and health screen questionnaire – will take place.
- Hand hygiene must be followed, and facemasks must be worn by visitors.
- Social distancing requirements remain as they do for our outside visits.
- We offer indoor and outdoor supervised social distancing visits at least 5 times a week.
- Indoor visitation may be affected by a COVID outbreak in our center

DAILY ROUNDS

Every weekday, our clinical and administrative team round a different nursing unit and meet with our residents to give them an opportunity to ask any questions or concerns they may have directly to us such as satisfaction with meals, preferences, activities being provided, interaction and response from staff, proper operation of all equipment in room and more!



The 3 W's of COVID prevention

We strongly encourage all residents in our center to follow the 3 W's of COVID prevention. We also ask our team to follow these principles when they are not in our centers and also encourage family members to do the same while they are in their communities. We all need to do our part to keep everyone safe. We are doing our best here, so please help us by doing your best in your community.

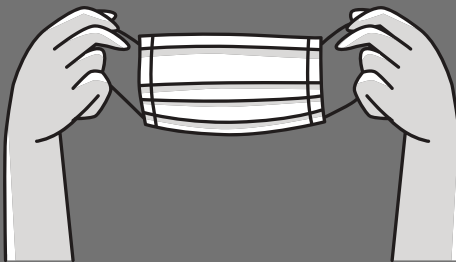
While the vaccine is right around the corner, it will take months for everyone to receive it, so let's all work just a little harder for a little longer to look out for each other and keep our communities safe!

COVID-19 VACCINE ANNOUNCED

The most awaited news for 2020 is finally here! Several vaccines have been in development, all with very promising results. The Centers for Disease Control and Prevention (CDC) has recommended a distribution plan to include nursing home residents and staff in the first round of vaccinations. The vaccination will be administered in two doses, with the first dose expected as soon as mid-late December.

Pharmacists from CVS have been contracted by the federal government to provide the vaccines to our residents right here in our center. All family members will be notified and requested to provide their consent. As soon as specific dates and information is made available, we will share it with you.

WEAR YOUR MASK



This includes covering both mouth and nose in all common areas or when interacting with others. Our staff are required to wear their masks throughout the center, while residents need to wear their masks when they leave their room.

WASH YOUR HANDS

Scrub hands with soap for at least 20 seconds. If soap and washing is unavailable, use Hand Sanitizer that is at least 60% alcohol. We have this available throughout our center.



WATCH YOUR DISTANCE

Allow for 6 feet of distance between you and others for prolonged periods of time. All recreation activities in our center are socially distanced.

